

Joel Kreisberg, DC, MA (John F. Kennedy University)

Integral Research into the Meaning of Healing

An integral approach to medicine and healthcare includes both pathogenic and salutogenic (health creating) perspectives. What are the characteristics of healing? How do we understand healing from 1st, 2nd, and 3rd person perspectives. This ongoing integral research project starts with the premise that meaning, (along with manageability and comprehensibility), is an essential attribute for healing, using a mixed methodological approach, to better understand the phenomenon of healing.

The research plan involves several concurrent projects over several years. Currently, the 1st person perspectives are underway, including heuristic approaches and structural approaches.

Heuristic Approaches: “What are the meanings I associate with healing”? Co-researcher engages in a heuristic process leading to a heuristic presentation of their personal understanding of the meaning of healing in their experience.

Structural Approaches: Using narrative interviews, individuals discuss their personal experience of healing. Researchers analyze transcripts for structural relationships for developmental patterns.

For More Information contact Joel Kreisberg, DC, MA at DrKreisberg@teleosis.org